## COFFEE HOUR 3/19/24

A big THANK YOU to Jaylin Gant and "GARDENS OF WESTBROOK" who are paying for your coffee and donuts today! As a reminder, please just take ONE donut!!

<u>Prevention Plus:</u> According to the national Stroke Association, stroke is the third leading cause of death in America and the leading cause of adult disability. Stroke has no symptoms. While it is possible to reduce risk of stroke by modifying the lifestyle, the best way to prevent stroke is to be screened. Please call today to schedule an appointment for your screening <u>as they will</u> <u>be here Wednesday March 20<sup>th</sup>- clubhouse two in the annex from</u> <u>8:00 AM to 4:00 PM</u>

1-888-667-7587 also look for the neon signs in every clubhouse.

Our very own Lorna Bradstreet shared today about signs of a stroke! Great testimonial and very important information to keep close. Thanks so much Lorna ~ Ewe's heart worthy! 😊

Top O the Beautiful Mornin' to Ya!! (and all that jazz!) Hope you had a great St Patrick's Day with your families around your table and Corned beef briquets and cabbage! Mmmmmm!

Here's an Irish Toast!

~ IRISH TOAST ~

There are good ships and there are wood ships; there are ships that sail the sea; But the best ships are Friendships, and may they always be! Did you attend the BETMAR LITTLE THEATER production of "Finian's Folly" this last weekend??? We are incredibly blessed to have such great actors and singers and folks that just step up to the plate to give us all a wonderful time together! Thank you all who participated in that. My Superman and two dear friends attended together and enjoyed the talents of Betmar!

The ALZHEIMER'S and DEMENTIA CAREGIVERS SUPPORT GROUP will meet Wednesday, March 20th at 2pm at the home of Laraine Roberts 5144 Ava Ct. Our group offers support, literature, and an opportunity to ask questions for caregivers of loved ones suffering with Alzheimer's and other forms of dementia. Call 517-230-2231 for more information.

JOHN PERRY will be singing and playing some great oldies Rock & Roll classics at the pavilion. Since the weather is not looking great for music this Friday the 22<sup>nd</sup>, he'd like to postpone his music show for Friday the 29th. Hoping to see you all there!

ANNUAL MEMBERS MEETING Today after coffee hour is our OWNERS & ACRES This is your community and with 1800 homes here, surely, we can get more than a hundred people interested in what gets talked about and voted in or out as it affects everyone of us. Check it out!!

CONCURRENT WORKSHOP MEETING This THURSDAY March 21st – OWNERS & ACRES - 9:00am. Ya'll come!!! This is where you let your voices be heard on things happening here in your neighborhood and community. Please get involved. HOBBY CLUB: Beginning Cards (that was originally scheduled for today) has been cancelled and rescheduled for next Tuesday, March 26, same time 10:15am. Come learn how to play Pony, or Liverpool Rummy! Great opportunity for newbies (or others who just didn't know how to play those games), to learn a new card game and make new friendships. <sup>(2)</sup> Sounds like a Win/Win to me!

MILITARY WHIST is this Saturday March 23rd. Clubhouse #3. Please be there by 6:15 P.M.

TRIVIA QUIZ! Is this the start of a dynasty? They have won two weeks running. Can any other team stop them? Will they repeat next week? Come and join us next Sunday at 6.30pm in Clubhouse 3 to find out. Up to 4 per team. Come see what all the fuss is about!

COMPUTER/TECH CLUB - Guest Speaker from Pasco County Library Today at 1:00 pm Susan Boyle from the New River Library will speak about Senior Activities and other things available at the Library. Ms. Boyle has a wealth of knowledge and is fun to listen to; please join us for this special session. This session is open to everyone in Betmar and will be held in Clubhouse #2 at 1 pm today.

Next Tuesday, will be our last class for the year and we will be teaching more information about your Ipad and Iphone.

Jim Stepler will be teaching AARP SAFE DRIVER CLASS Friday March 22, 9 a.m. to 3:30 with a half hour lunch break. call Jim at 585 734 9221 to sign up.

Have you noticed how beautiful our Clubhouse 2 is outside?? We have some amazing volunteers here who painted it with a fresh

coat of paint, and it looks soooo nice!! Thanks so much! If you know who our volunteers are that did it, please let Michelle or me know so we can post a proper big thank you to them. ③

APRIL will be the last BULLETIN of this season. Deadline is tomorrow, Wednesday, March 20, to get your scheduled event in that bulletin.

GAME CLUB: The new Game Club membership cards for the year 04/01/24 to 03/31/25 will be available for pick up at Coffee Hour on the last Tuesday of this month, March 26th. If you are not able to pick up your card it will be hand delivered to your residence. If you have not filled out a form and paid yet, please do so as soon as possible in order to have your card ready for you on that Tuesday. If you sign up after March 19th your card may or may not be ready for pick up on the 26th. I'll do my best but there are a lot of cards to process at renewal time. There are sign-up sheets in the Game Room at Apache Clubhouse. Just fill out the form and drop it with check or cash in the lock box provided. Questions? Call Mary Maverick 207-712-7936

DANCE CLUB\Saturday Night Dance – join us in Clubhouse 2, 7-10 pm for dancing to the music of West Wind. Doors open at 6 p.m. No advance tickets, please pay at the door. An express lane is available for those that have the \$5.00 donation.

MUSIC & ENTERTAINMENT'S big show in Clubhouse 2 on March 22 and 23 at 7pm. Tickets are available from Carol Kelly.

Danny Jackson put on a fun skit for us this morning! Thank you, Danny!

BETMAR BANDSTAND is tomorrow night March 20<sup>th</sup>. Chicken and biscuit dinner here in Clubhouse 2. Jointly sponsored by Swim Club and Betmar Bandstand. Cost is \$12. If you prefer to just come to hear the band, the cost is only \$2 at the door and begins at 6pm. Last I heard the dinner part is sold out but connect with Sue Flynn to get on the waiting list.

TODAY, Deb Moran and THE MAINE TRIO at the pavilion, March 19 at 1:00 -- weather permitting!

CREATIVE WRITERS ~ "I write only when inspiration strikes. Unfortunately, it usually strikes when I'm playing golf." - Stephen King

As you travel north-or if you're staying in Betmar, keep a journal, a notebook and a pencil or pen close at hand. Get those creative juices flowing. When we meet again in the

fall, you'll have plenty to tell us! 🧨 📓 💉 📒 💉

We "heard it through the grapevine" 🐐 🐐 that TOPS (Taking Off Pounds Sensibly) is selling raffle tickets in the Annex for two 2 Easter Baskets; get them while you still can! Drawing held Tuesday before Easter: March 26<sup>th</sup>! Tickets are \$1 each or 6 for \$5

GOLF: Lucky nine scramble Tuesday, March 19th Bring your Irish! Friday, March 22nd is the Florida Scramble.

LADIES GOLF Banquet is Thursday, March 28<sup>th</sup>. The theme this year is 50's – 60's! Tickets are available here in the Annex, Ladies Thursday golf, or from Linda Parkhurst, until the 21<sup>st</sup>.

Lynn MacDonald did a GREAT job showing us how to make some fun EASTER SIGNAGE last week. Thanks so much Lynn! We all had a wonderful time! (Lynn is exceedingly talented BTW!!!) Bountiful Blessings has been blessed by the Michigan Picnic and will be able to provide Easter Dinner "Fixins" to our residents. If you are a resident that needs a dinner, please contact <u>Sue Flynn</u> 813 469 4653 either by phone or text. You will be able to pick up your "Fixins" on March 30th at Sue's house - the corner of Plant and Strand - starting at 11:00am to 1:00pm. We must hear from you prior to March 25th. There will be no walk-ins - you must pre-register.

A library is the only single place you can go to learn something new, be comforted, terrified, thrilled, saddened, overjoyed, or excited all in one day. And for free. *Amy Neftzger* 

BETMAR LIBRARY is Closed. The books are being packed and stored. Our construction remodel will start on 01 April (no April Fools there!) We are expecting 3 months of construction and another 3 or 4 weeks to get shelves installed and books back on the shelves. We are very excited to get a new library for our Betmar patrons. We look forward to serving you again soon. Look for the kiosks to be in club house 2 around the 1<sup>st</sup> of April. They will be operating on the honor system lending and getting donations for our patrons to read while we are closed.

Thank you to everyone that made the TENNIS & PICKLEBALL Poker Run a success. We had a great turnout, and everyone had a great time!

KITCHEN BAND is looking for a pianist who would like to be our music director! You would be choosing the music we sing and perform. We meet on Friday morning at 9:00 in clubhouse 3 for practice, then we entertain at a local assisted living facility! We entertain at 4 different facilities every month, singing the same songs at each place. This is a perfect opportunity to bring joy, happiness and delight to these wonderful people! If you are interested in helping us out, please contact Kathleen David at 231-497-4664.

TABLE & CHAIR SET UPS! Block assignments for Table & Chair volunteers are published in each month's Betmar Bulletin. Blocks are mapped out on page 28 of the phone book. The block assignment for the <u>second half of March is:</u> <u>Blocks Q & R</u> (most of Jodi and Arrowhead/Strand).

Schedule for this period follows:

Wed 3/20	8 am	Bandstand Dinner
Fri 3/22	8 am	Music & Entertainment Show (major)
Sat 3/23	4:30 pm	Dance (major)
Mon 3/25	8 am	Bingo (major)
8 am Golf n	neeting in	Annex (minor)
Thu 3/28	8 am	Ladies Golf League Dinner (minor)
Sat 3/30	8 am	Dance (major)
Mon 4/1	8 am	Bingo (major)

For questions, contact Tom Brown.

Birthdays! Debbie Thyng 3/18. Jim says, "She is my soul mate as well as my best friend. I love her more and more every day!"

Fran Shumaker has aged into a new decade in flying colors!!! 80 years old on March 14th!!!

Lula Hardy March 13, 84yrs young!

ANNIVERSARIES: Kim and Bob Douglas March 19<sup>th</sup> 30 years! Congratulations!

BEFORE YOU COMPLAIN......PLEASE DOCUMENT WHERE YOU ARE VOLUNTEERING!!

## Joke of the Day!

I heard this week about three sisters who lived together in the same house. One was 92, one was 94 and the other one was 96. The 92-year-old was upstairs and drew a bath; she dipped one foot into the water and paused..... she yelled down to her sisters, "Was I getting in or out of the tub?" and the 94-year-old yelled back, "I don't know, I'll come up and see!" She started up the stairs and upon the first stair, she paused and yelled out, "Was I going up the stairs or coming down?" The 96-year-old sister was sitting in the kitchen and having tea at the table and listening to her sisters, with a smirk said, "Oh my goodness, I sure hope I never get like that", and she knocked on wood for good measure and yelled back, "I'll come help you both as soon as I see who's at the door!"