

**PRINT FRIENDLY BULLETIN**

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## **Betmar Bulletin**



*Welcome back snowbirds...*

**October 2023**

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### ***Betmar Office Hours***

Monday through Friday

8:00 a.m. to 12:00 noon

1:00 to 4:00 p.m.

**Email: [office@betmar.org](mailto:office@betmar.org)**

### ***Betmar Library Hours***

10:00 a.m. to 3:00 p.m.

### ***Park Telephone Numbers***

Apache Clubhouse..... 813-782-1785

Betmar Office..... 813-782-0043

Clubhouse 2..... 813-782-0660

Clubhouse 3..... 813-788-9285

Communications..... 813-779-2843

Golf Clubhouse..... 813-788-5897

Library..... 813-788-9761

Security (10 p.m.-6 a.m.) .....813-679-2587

Security Cell Phone..... 813-395-3010

Shuffle Clubhouse..... 813-782-9764

Swimming Pool..... 813-783-2272

What-Not Pick-up..... 813-702-6740

or 231-268-6681

### **Communications Hours:**

**Monday ~ Friday 9:00 a.m. – 12:00 p.m. Email:**

**[Communications@betmar.org](mailto:Communications@betmar.org)**

### ***Your Communications Team***

Bonnie Coutz ~ Chairman

Pam Coleman ~ Vice Chairman

Janet Gagne, Sandy Bedingfield

Marilyn Williams

**WEBSITE: [Communications@betmar.org](http://Communications@betmar.org)**

### ***Betmar Board 2022 ~ 2023***

President..... George Ferrari

Vice President..... Marsha Frain

Secretary..... Laraine Roberts

Treasurer..... Tom Frain

Activities Chairman..... Michelle  
McKinnon

Activities Vice Chair.....Melinda Graves

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CH 2 Tony Mastrogiacomo..... 813-355-3489

CH 3 Jim Kollodge..... 813-779-7131

Apache CH Tony Pettola..... 813-602-8145

**Sheriff's Department – 352-518-5000**

## October 2023 MONTHLY MEETING SCHEDULE

Owners & Acres General Assembly Meeting Workshop	10:00 a.m.	10/3/2023	Annex
Owner & Acres General Assembly Meeting	7:00 p.m.	10/5/2023	CH 2
Owners & Acres Board Meeting Workshop	10:00 a.m.	10/17/2023	Annex
Owner & Acres Board Meeting	9:00 a.m.	10/19/2023	CH 2

### President's Letter

Here it is October already, where did the summer go? I would like to welcome all residents back. I hope you had a good summer. It was a hot one here!!

October is our first meeting, and I would like to get started as I only have six months to accomplish some of the items the Board needs to address. There will be some Bylaws changes presented in October, then membership will be voting on proposed changes in November.

I cannot stress enough how important it is for residents to attend the October meeting as numerous items discussed will affect Betmar. This is YOUR park. We need 100 or more members at the Membership Meeting.

Let's start working together and stop this inter fighting. We need to work together for a united, happy place to live in Betmar.

George Ferrari ~ President

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# Things you Need to Know

## Communications

### HOW BETMAR RESIDENTS STAY INFORMED

Many tools have been created to keep Betmar owners and tenants informed. All residents are urged to take advantage of these tools.

#### **Betmar website (<https://betmar.org>)**

Our website contains links to important sources of information you will often use.

We suggest you create a bookmark/shortcut on your device's home page to take you there. The Betmar website will allow you to:

Register to receive important e-mail notifications regarding every aspect of life in Betmar. You should do this as soon as you possibly can.

Access the on-line phone directory, the Betmar Calendar and several other documents mentioned below.

Open the section "What-Is-It/How Do I" where questions new residents may have are answered.

Examples are explanations of how Betmar is managed, whether we have Pickleball or a pool, what's the What-Not Barn and many more. Explore over twenty-four Betmar "clubs" and find links to each club's webpage.

#### **Monthly Betmar Bulletin**

The Betmar Bulletin contains information about the operation of the park, along with information submitted by individual clubs regarding upcoming events. It is distributed electronically to everyone who receives Betmar e-mails and also is available in hard-copy format on request.

#### **Coffee Hour and Coffee News**

Coffee Hour is hosted by the Betmar Activities Team. It is held every Tuesday morning at 9 a.m. in Clubhouse 2. Attendees are informed of scheduled events and provided general information regarding their friends and neighbors while they enjoy a cup of coffee and your favorite donut or toast. A hard copy of the information presented is sent out to every e-mail recipient every Tuesday night in the weekly "Coffee News."

#### **On-line Phone Directory**

The official hard copy phone book is updated annually. The On-Line Directory is maintained continuously. New owners are encouraged to send in their listing as soon as they have a telephone number. The On-Line program can list any amount of phone numbers, e-mail addresses and a photo.

Questions regarding these products can be directed to the Communications Office at 813-779-2843 or [communications@betmar.org](mailto:communications@betmar.org).

## Table and Chair Procedures

The responsibility for Table & Chair setups is assigned by Block from October to April. The assignments are shown below. The schedule for the setups is posted every week in Coffee News. Please refer to the centerfold of the phone book for a map showing the block locations.

**Table & Chair Assignments by Month**

<b>Month</b>	<b>1<sup>st</sup> Half</b>	<b>2<sup>nd</sup> Half</b>
<b>October</b>	<b>O &amp; P</b>	<b>S</b>
<b>November</b>	<b>W</b>	<b>M &amp; N</b>
<b>December</b>	<b>G &amp; H</b>	<b>E &amp; F</b>
<b>January</b>	<b>T</b>	<b>U</b>
<b>February</b>	<b>K &amp; L</b>	<b>I &amp; J</b>
<b>March</b>	<b>V</b>	<b>Q &amp; R</b>
<b>April</b>	<b>A &amp; B</b>	<b>C &amp; D</b>

As most know, if you are holding an event in Clubhouse 2 or the Annex, assistance for setting up your tables & chairs (and resetting the space after you are done) can be provided. The only exceptions are picnics since each picnic group handles this on their own.

In addition to a regular table and chair crew, help is provided by individuals who volunteer when their block in the park is scheduled. The assignments for block volunteers are published in the Betmar Bulletin and in the weekly Coffee News.

### FAQs:

How do I know which block I am in? The Betmar map with blocks shown is provided as the centerfold of the Betmar Resident Directory (aka, the phone book).

What are normal times for setups? The times will be specified in each week's Coffee News. Most times are scheduled for 8 AM. This team does not work on "Betmar Time". The work begins at the specified time (not a minute sooner). You do not need to come early, and you should not worry that half the work will be done when you get there. Many setups are completed in 30 minutes or less.

Is this year-round? Block assignments apply from October thru April.

What is involved? Moving tables and chairs. Volunteers are shown how to move tables in a manner that is safe and does not require heavy lifting. There is work for anyone who shows up.

How will we know what to do? There will always be someone there to guide you.

How much of a commitment is this? Assignments are for only a two-week period. You are encouraged to support your neighbors during your block's turn.

HOW DOES THE TEAM KNOW I HAVE AN EVENT? Contact us ahead of time so we can plan your setup. Alternatively, the team scours the Betmar Calendar to see what is planned for these two spaces. THIS IS ONE MORE REASON WHY IT IS

IMPORTANT YOU HAVE YOUR EVENT LISTED IN THE CALENDAR. AFTER YOU HAVE RESERVED THE SPACE WITH ACTIVITIES, YOU MUST REQUEST IT BE INCLUDED IN THE CALENDAR BY CONTACTING THE COMMUNICATIONS OFFICE OR BY SUBMITTING A CALENDAR REQUEST ON THE BETMAR WEBPAGE.

To schedule a setup, contact Tom Brown at 603-978-9250 or [tomdianebrown@yahoo.com](mailto:tomdianebrown@yahoo.com).



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# CLUB NEWS

## Aquatic's

Scheduled meetings:

Swim Club Board of Directors and General Assembly Meetings.

Board of Director (BoD) meetings:

- 2nd Thursday of the month from October through March
- General Assembly (GA) meetings:
- Monday following the 2nd Thursday of each month October through March.

We meet in the Apache Clubhouse ~ Maple Leaf room at 9:30 to 10:30 for both meetings.

Dates are as follows:

### 2023

- BoD – October 12th & GA – 16th
- BoD – November 9th & GA – 13th
- BoD – December 14th & GA – 18th

### 2024

- BoD – January 11th & GA – 15th
- BoD – February 8th & GA – 12th
- BoD – March 14th & GA – 18th

Any questions or concerns, please let me know.

Regards

Brenda Lapierre

Swim Club President

843-283-4422



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## Beginners Art

Beginners Art will meet every Wednesday at Clubhouse 3 starting October 11, 2023, until last Wednesday in

March 2024. We set up at 12:45 p.m. and have room access until 3 p.m.

I can be reached also by phone at 813-395-8322.

Thank you.

Colleen King

## Chorus

First rehearsal for Chorus Monday October 1st at 12:45 pm in Clubhouse 2.

Dawn Mc Dowell has graciously accepted the job as Choral director.

Our chorus this year will sing from hearts more fervently than usual to remember Linda LaFayette. I am sure she will be correcting us from above!

No Wednesday Divisionals

Terry Phifer



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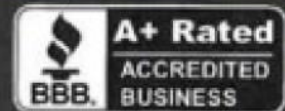
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## Creative Writers

"Almost all good writing begins with terrible first efforts." Anne Lamot

Attention all budding wordsmiths. Creative Writers invites you to join us beginning Monday, November 13 from 9 am to 10:30 am at the Apache Building. (Look for our sign to tell you which room.)

Share with us your childhood memories, your humorous yarns, your faith-filled chronicles, and anything you would like to partake in with us. None of us are professional authors so don't worry. We simply write for the joy of writing. We look forward to hearing your stories.

Our facilitator is Conne McCormick 724.584.7420 or connesax@aol.com

## Dance

Your Dance Club is working hard to set up a new season of weekly Saturday night dances and ballroom, clogging and line dance lessons! To make this happen, we depend on volunteers. Please consider volunteering your time. We need people to help with decorating the dances, assisting with ticket sales, and cleaning up. None of the duties are very time-consuming or physically challenging.

**General Meetings** – Monthly meetings are held from 3-4 p.m. in the Apache Clubhouse. The next meeting is Tuesday, October 10. Everyone is welcome to attend.

### Saturday Night Dances

Dances are held every Saturday night in CLUBHOUSE 2 from 7-10 p.m. We are excited to say that we have contracted with favorite local bands/entertainers i.e., Karl Sapp, Will Yancy, Rocklin Ron, Bill D.

Williams, etc. The full schedule is published in this bulletin, online under Clubs at Betmar.org and on Facebook – search Betmar Dance Club.

Paper copies are also available on the rack at the front of Clubhouse 2 and at the office.

## 2023-24 BETMAR LINE DANCE CLASS

November 6, 2023 - April 25, 2024

### Monday – 10:30-11:15 – Ultra Beginner

(designed for those who have never danced)

### – 11:15-12:00 – Beginner

(designed for those who know the basics)

### Tuesday – 10:30-12:00 – Improver

(A step above Monday's beginner class)

### Thursday – 10:30-12:00 – Fun Line Dancing

(beginner, improver & a little intermediate)

### What does it cost?

**Betmar Residents: \$15.00 per season covers as many classes as you choose to attend.** (season is November through October)

**Non-Residents: \$2.00 per class.**

### What to wear?

Comfortable clothing & supportive shoes such as sneakers. For your safety, please don't wear flip flop like sandals.



**For additional information contact:** Pat Armendinger, Line Dance Director, 813-780-1205; Janet Blair, Instructor 813-476-2915; Joyce Smith, Instructor 207-944-7335

**Halloween Theme Dance** –Tickets for the October 29th Halloween dance with Karl Sapp will be sold Tuesday morning, October 17 and 24, 8-9 a.m., in the Clubhouse 2 annex. Refreshments are not provided but feel free to bring your own.

Table reservations for West Wind, a new band for Betmar and a favorite in the community, will be available Tuesday October 24th and 31st and the night of the dance. If you are trying to reserve a specific table, we suggest you make your reservation ahead of time.

**Dance Classes** – to participate in dance classes, residents pay a yearly \$15.00 membership fee. This fee covers both line dance and clogging classes.

Non-residents may participate if a member sponsors them, and an additional \$2.00 fee is paid per session.

**Line Dancing (all lessons in Clubhouse 3)**

The Monday dance class that was held in the Clubhouse 2 annex this summer will move to Clubhouse 3 on Monday, on October 2nd. The class is held from 10:30-12 noon. If you wish to dance the dust off before regular classes begin, please join us!

**Beginning Monday, November 6, line dance classes will meet as follows in Clubhouse 3:**

Mondays 10:30-11:15 a.m. Ultra-beginner

11:15 – 12:00 noon Beginner

Tuesdays 10:30 – 12:00 noon Improver

Thursdays 10:30 – 12:00 noon Fun Line Dancing (mix of all levels)



The poster is framed with a decorative border. At the top left is a bat silhouette. The title 'Halloween Dance' is in a large, orange, stylized font. Below it, 'KARL SAPP' is written in bold black letters. A central photo shows Karl Sapp wearing a white cowboy hat and a neon green shirt. To the left of the photo is a black starburst with the text 'Prizes for Best Costume'. To the right are musical notes and another bat silhouette. At the bottom right is a silhouette of a witch on a broomstick. The date 'October 28, 2023' and time '7:00 p.m. Clubhouse 2' are in large orange font. The address '37137 Lakewood Dr., Zephyrhills' is below. A box at the bottom contains reservation details: 'TABLE RESERVATIONS AVAILABLE WITH A \$5.00 DONATION ON TUESDAY OCT 17 AND 24 IN THE CLUBHOUSE 2 ANNEX, 8-9 a.m. AND AT THE DOOR THE NIGHT OF THE DANCE. DOORS OPEN AT 6:00 p.m. For additional information, contact Pam Ward 989-859-6905'. At the very bottom, it says 'Sponsored by Betmar Dance Club – Betmar, A 55 & Older Community'.

# Halloween Dance

## KARL SAPP

Prizes for Best Costume



October 28, 2023  
7:00 p.m. Clubhouse 2  
37137 Lakewood Dr., Zephyrhills

TABLE RESERVATIONS AVAILABLE WITH A \$5.00 DONATION ON TUESDAY  
OCT 17 AND 24 IN THE CLUBHOUSE 2 ANNEX, 8-9 a.m. AND AT THE  
DOOR THE NIGHT OF THE DANCE. DOORS OPEN AT 6:00 p.m.  
For additional information, contact Pam Ward 989-859-6905

Sponsored by Betmar Dance Club – Betmar, A 55 & Older Community

## **Clogging**

Director, Karolyn Dowell, is planning to hold Fun Clogging classes from 9-10:15 a.m. on Tuesdays and Thursdays beginning November 7. For additional information, contact Karolyn Dowell, 317-512-2610.

## **Ballroom**

Ballroom lessons are scheduled for January and February 2024. Watch for more information as we get closer to that time. If any schedule changes occur, we will do our best to notify you through an email notice.

Looking ahead – Karl Sapp has been contracted to play at our New Year's Eve dance. Betmar residents will be allowed to purchase tickets two weeks prior to non-residents. Watch for additional information.

If you have questions, suggestions, concerns, don't hesitate to contact any one of the Dance Club officers.

See you on the dance floor!

Joyce Smith, Dance Club Secretary ~ 207-944-7335

## **Garden Club**

As October nears, our seasonal residents begin their return to Betmar.

This summer, the extreme heat and erratic rainfall has challenged our year-round gardeners and any help is appreciated. As always, we encourage residents who walk along Lakewood to enjoy the many gardens on view and consider assisting the gardeners during their weekly Wednesday work session. We meet at 8:30 a.m. at Apache Junction located in the park off Lakewood between Jo and Amanda Streets.

Despite the weather, due to the addition of programmed irrigation in gardens along the trail on Lakewood, we were able to keep these gardens flourishing (as well as the accompanying weeds)

We remind residents and visitors that feeding wildlife is prohibited and dog walkers are required to clean up after their pets.

We also have a business meeting monthly, beginning November 6, 2023, 9:00 a.m. in the blue room of the Apache Clubhouse.

Everyone is welcome.

Pennie Jefferson 352-238-2547

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## **Golf**

### **October 2024, Wow it's that time of year when Betmar will start to be revived with the seasonal activities.**

Golf is planning on some great and exciting events for the 23/24 season. As many are aware Marilyn Williams is the new Activities Director and has already discovered some new activities for the Fall/Winter. For those traditionalist have no fear the classical events will still be happening.

Golf will be changing the time of our meetings to give the morning groups of golfers the opportunity to participate.

Our membership is rebounding quite well with the creation of the Limited Social Membership for those who don't golf often but yet want to be apart of the events for golf. So for those who have never golfed or maybe just casually in the past, come join others for some fun on the course.

Be sure to keep yours eyes on the Golf Club House Bulletin Board for details, or visit the Betmar website Golf Club Page.

October 7th Golf Breakfast Tentative Date

October 28th – Night Golf – Halloween Theme

October 30th – Golf Board Meeting

Thank You,

Mac McKinnon

Golf Board President

813.469.8203 Cell

## **Hobby**

Welcome back Snowbirds!

The Hobby Club will be meeting on Tuesday, Oct. 3rd at 1:00 pm in the Annex. We would love to see you there! No craft experience necessary. If you enjoy hanging out with great people, we can show you how to craft! All residents are welcome.

Rhonda Pomerleau, Secretary ~ 801-941-1797

## Hospitality

We want to welcome everyone back and hope you had a wonderful summer. The members are getting ready and excited to begin our fall, winter and spring events. We want to extend an invitation to all the ladies in the park to join a fantastic and fun club. There are no membership fees. Just a fun club of ladies gathering once a month to ensure that all new residents are welcome.

Our slate of officers for 2023-2024 year are:

President – Lorna Bradstreet

Vice President – Kathy David

Treasure – Penny Hall

Secretary – Jane Martin

Interim Membership – Cindy Jones Cutter

The hospitality club is involved in a lot of functions within the park. We serve a light lunch to the park's volunteer Christmas decorating committee, deliver a valentine to everyone in the park, sponsor two fundraising events after the holidays, as well as meet and greet all who attend Tuesday Coffee hour in Clubhouse 2.

We also send out get-well and sympathy cards. Contact any member and they will pass the information on to our sunshine lady, Anne Duprey to make sure this is done.

Ladies, we invite you to come and visit with us at our next meeting on Thursday, November 2nd at 1:00 p.m. in Clubhouse 3. Remember there is no fee, just a group of ladies having fun.

Welcome back and we hope to see you soon. Jane Martin – Secretary

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## Kitchen Band

This amazing band is so much fun!

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We would love for you to join us!

Every Friday at 9:30 a.m. at Clubhouse 3 from October to April.

Rhonda Pomerleau, Secretary ~ 801-941-1797

## Library

October 16th we will go to full time. The Library will be open from 10 am until 3 pm. We look forward to seeing you. We are always available to assist you.

Just a reminder, we will deliver and pick up books for those who are homebound.

We now have the complete series for the following authors:

Linda Castillo Kate Burkholder

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We would like to thank everyone for supporting the Betmar Library.

Toni Nelson



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# Shuffle

We had a successful summer of mingle-singles. Thanks to all who helped run those tournaments. Wednesday, October 11th, we will be having our board meeting at 9:00 a.m. followed by the general meeting at 10:00 a.m. All members are encouraged to attend so that we have a quorum because we have a computer down and cannot purchase one unless it is approved by the membership.

Shuffle memberships are due October 1st. We encourage new members to join, and sign-up sheets for lessons will be posted in November. We are planning to post times and dates for lessons, depending on instructor availability, on the bulletin board in the shuffle courts. We also have Hoss Collar on Friday nights, which is a great way to get to know people and improve your game. Come and join in on the fun!

As the snowbirds return, we are gearing up for a busy month that includes two tournaments. There is a state tournament on Monday, October 23rd and Tuesday the 24th and a district tournament on Thursday, October 26th, and Friday, 27th. We will need volunteers, pies, and cakes for both tournaments and Shuffle Lunch will be available. Thank you in advance for your donations.

Patty Norton

# Tennis & Pickleball

The first meeting of the Betmar Tennis & Pickleball Club will be held on October 4, 2023, at 3:30 pm in the Maple Leaf room of the Apache Clubhouse.

Any new members that join after October 1, 2023, your dues will cover through January 1, 2025, so you get a 3-month bonus!

Our dues are \$75 per year with a \$25 initiation fee.

Hope to see everyone on the courts.

Terri Tracy

# Theater

First Theater meeting will be in November.

Looking for actors, stage crew and artists!

Come join the fun!

Terry Phifer




Edward Jones > edwardjones.com | Member SPC

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# TOPS

TOPS (Taking Off Pounds Sensibly) meet on Wednesdays, beginning October 4. Voluntary weigh-in is at 8:15 with our meeting at 9:00am. Meetings offer wellness programs.

After a summer of overindulging with picnics, barbecues, and experiencing a hurricane, it might be time to think about losing some of that weight we may have gained.

Some TOPS members who were still here for the summer have been weighing on Wednesday mornings from 8:15-8:30 a.m. with no formal meeting. If anyone wants to get an idea of what TOPS is all about feel free to drop by at that time.

TOPS does not subscribe to any specific weight program. That is up to each individual. We at TOPS are simply there to cheer you on no matter how you choose to lose weight. Men and women are both welcome!

Our formal meetings will begin October 4, 2023. Weigh-in will be from 8:00-8:30 a.m. We enthusiastically welcome new members. I know we have had quite a few new people move into the park this summer and fall. If you want to lose weight, AND HAVE FUN DOING SO, please consider joining us on Wednesday mornings. We are planning to include inspiring games and activities so we always welcome fresh ideas!

If you have any questions about our TOPS group, feel free to contact any of the following.

Margo Mains....207-242-4969 mainspizza1947@gmail.com

Harriett Pettola...813-6028145...harriett2008@aol.com

We are just getting into the hurricane season, so we wish for everyone to stay safe. Let's pray that we escape any serious damage. We are eagerly looking forward to the return of our Snowbirds and pray for them all to have a safe trip back. Please consider visiting our TOPS group as a guest.

A TOPS member will always be glad to explain our meetings and requirements. Hope to see you all soon.

From the desk of the Secretary, Margo Mains

Questions? Contact our Leader Harriett Pettola 813.713.1935.



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# SPECIAL INTEREST

## Activities

Okay Y'all!! We're going to caravan together to the **The Stable** in Lake Alfred in Winter Haven on Thursday, October 12<sup>th</sup>!! We'll have lunch there and go through the shops!

Everyone is welcome! Everyone on their own for all purchases. No tickets for this get together! We'll also need drivers. Please let me know if you can come or be a drive.

Watch for more information on the next Tea Room Tour, Thursday, November 2nd. Melinda Graves ~ 707-628-2791



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## Betmar Bandstand

The new BETMAR BANDSTAND is continuing to make plans to launch the opening show on Wednesday, November. 15, 2023 at 6:00 pm in Clubhouse 2.

The first show will feature the Jam Bandits with special guest Johnny Ellis. Each week will offer a different show with a variety of invited guests.

Snacks and refreshments will be available. Plenty of dancing space by the front doors, and all this for a \$1.00 donation at the door. So be sure to mark your calendar.

If you have questions, please contact Danny Lee (Hescock) or Janet Seibert. We are both on Facebook and we are both listed in the Betmar Directory.

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## Bountiful Blessings

On September 3, 2022, Bountiful Blessings had the first food distribution. We knew there was a need but can honestly say we had no idea of the great need in our community. Our original thoughts were that we would have 15 to 20 residents who would go shopping – BB provided food/personal care products to over 90 residents. We ran out of food.

We have learned so much over the past year. The biggest is that our residents are so generous and helpful. We even have people who no longer live here contribute. We could not have served our residents without the volunteers. We have learned a lot about our Community and the needs.

We now carry a wide variety of aftercare equipment (they are posted on our Face Book page), wide variety of personal care products, laundry and dish soap, dry bleach just to name a few. We also have a list of organizations and churches who help. We have gone from being open on the Distribution Day to being open daily.



NEEDED ITEMS: Dollar Tree laundry washing powder and dry bleach; mixed fruit, diced tomatoes; canned peaches and pears; complete meals; raisins; cooking oil; women's body wash; juice (no prune) small bottles. NO green beans or glass jars.

We are signing residents up for the Thanksgiving Basket. All you have to do is contact Sue or Cheri. We will need your name, address, and phone number. You can even leave this info in an envelope placed in the bin.

The Food Cupboard 36721 Strand (corner of Plant and Strand) has been and will continue to be open all year. When the white van is in the driveway, Sue is usually home. If Sue is not home or does not answer, call Cheri 813 310 7861 and she will come right over so you can go shopping.

Please follow our FaceBook Page – Betmar Bountiful Blessings for the latest updates.

## **Caregivers**

Betmar Alzheimer's and Dementia Caregivers

The role of a caregiver is a 24/7 responsibility, our group offers an opportunity for those caring for loved ones to get support and ask questions. If you can't attend our meetings, but have questions or just need to ask a question or get support, please call 517-230-2231 and we will help try to answer your questions or get the support needed. There is no cure for Alzheimer's and Dementia, and sadly, there is only one final diagnosis. While understanding the disease and the role of caregiver is important in helping your loved one, a caregiver must also stay healthy, physically and mentally, in order to help their loved one. Remember, reaching out for support is healthy for the caregiver and for the loved one.

Often Alzheimer's and Dementia patients go for a walk or leave their home and can't remember how to get back. This is a stressful situation not only for the patient but also the caregiver. Our caregivers' group is assisting the Betmar Security in compiling a list of names of Alzheimer's and Dementia loved ones who may need Security's help in locating their home when lost. If you have a loved one that you would like Security to be aware of, please call Laraine Roberts at 517-230-2231 or email at [robertslaraine@gmail.com](mailto:robertslaraine@gmail.com) to add your loved one's name, phone number and address to the list. This list is confidential and will only be given to Betmar Security.

Submitted by Laraine Roberts



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## Michigan Picnic Update

Only 315 tickets will be sold for the February 9, 2024 picnic this year. Remember to bring an item from Michigan for the raffle.



## Motorcycle Group

The Betmar Motorcyclist Group has been in existence for several years now. Our 2023 rides will begin in early January. We have a planned ride at least once a week... usually on Thursday mornings.

We would like to invite ALL Betmar Motorcyclists to join us. We are just a very friendly group of motorcyclists who like to get together to ride, eat and harass each other. There is nothing formal about the group.

There is an Email Contact List for ride notification purposes. If you would have any interest in joining up and would like to be included on the Contact List, please email: Your Name(s), Betmar Address, Phone Number and Email Address to [donmclintock69@gmail.com](mailto:donmclintock69@gmail.com).

If you have questions at all about the group, please contact: Don McClintock via email or text or by calling 330-209-3353.

## Pasco Sheriff Letter

October is Domestic Violence Awareness Month

Domestic violence is one of the most common, and often most dangerous, calls for service the Pasco Sheriff's Office is called to investigate.

Domestic Violence Awareness Month is observed in October as a way to show survivors they are not alone, while also bringing light to resources available to survivors. PSO reassures survivors of domestic violence that both help and resources are available. No one, not even those you love or live with, has the right to harm you physically or mentally. Knowing your rights and options is the first step to ending abuse.

Family and friends can play a vital role helping survivors of domestic violence. If you suspect a loved one may be suffering from domestic abuse, start an open conversation to address it.

Survivors want to be heard, so listen without judgment and validate their feelings and experience. Ask how you can best support their decision, especially if you are concerned for their safety. Working with local resources, victims can create a personal safety plan before taking action to leave an abusive situation. If a situation ever becomes an emergency, call 9-1-1 immediately.

PSO's Victim Advocates offer a wide array of services for survivors and ensure that a victim's rights are upheld throughout the investigative and judicial processes. PSO's Victim Advocates may also function as a liaison on a survivor's behalf, if they wish. Victim Advocates help survivors evaluate and navigate available resources, such as legal action, arranging immediate shelter for a safe place to stay, medical appointments or legal meetings.

Other resources include Sunrise of Pasco County, Inc., a local domestic and sexual violence center that provides free services like counseling, advocacy, and support services to survivors of domestic and sexual violence. Those experiencing domestic abuse often lack a safe place to stay to break the cycle of abuse, and staying with family or a friend may not be the safest option if the abuser knows where to find the victim.

Sunrise provides confidential housing temporarily for those in these situations. All services provided by Sunrise are free of charge and confidential. The National Domestic Violence Hotline, which can be reached at 800-799-7233, is a free and confidential resource, providing services by phone and online chat with access to over two hundred languages. Additional local resources can be found on PSO's website at [PascoSheriff.com/domestic violence/](http://PascoSheriff.com/domestic%20violence/).

This October, join PSO in raising awareness to the scourge of domestic violence. Learn to recognize the signs of abusive relationships and be a supportive friend or family member to a survivor. If you or a loved one is in need of assistance, reach out to the National Domestic Violence hotline at 800-799-7233, or to PSO by visiting [PascoSheriff.com/domestic violence/](http://PascoSheriff.com/domestic%20violence/).

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# Travel Group

## Current Schedule of Trips

**Saturday, October 7, 2023** – Back we go to the Suncoast Broadway Theater in Hudson for the award winning show “**Tootsie**”. Many of you have seen the movie, now see it in live action. Motor coach, show, tips for servers and bus driver are included. Cost \$95

**Saturday, October 28** – Motor coach departs for our 9 day, 8 night trip to **Branson** for a Show Extravaganza. See Sandy for brochure. Cost \$1125

**Saturday, November 18** – We will travel to Clearwater to the Ed Fletcher Early Bird Dinner Theater to see “**Making God Laugh!**” \$90

**Wednesday, December 13** – Holiday Dinner at **Buca Di Beppo** and the **Gaylord Palms** Ice! We motor coach to the famous Italian Restaurant for a delicious dinner then see the Gaylord Palms Orlando **ICE Show**. We will view the ice Sculpture display and walk through the beautiful Gaylord Palms. Cost \$119

**Wednesday, January 17, 2024** – Join us for this fun day at beautiful **Madeira Beach!** We will enjoy some shopping time at **John’s Pass** before boarding the **Calypso Breeze** for lunch with complimentary beer, wine, and rum punch. This is a smooth inland water cruise with Captain’s live sightseeing narration. Cost \$101.00

**Thursday, February 8, 2024** – Back to the Ed Fletcher Dinner Theater in Clearwater to see “**One Slight Hitch**” a comedy you all will want to see. \$90

**Monday, February 19, 2024** – Begins our 5 day, 4 night trip to **Savannah**, Georgia with tours of Savannah, Beaufort, SC, St Simons and Jekyll Islands. See Sandy or Bonnie for brochure Cost \$750

**Sunday, March 17, 2024** – Join your friends and celebrate **St. Patrick’s Day** as we cruise out of the Ybor Channel into the Hillsborough Bay and Garrison Channel for a Luncheon sightseeing cruise. Corned beef and cabbage, Irish potatoes and soda bread. Enjoy St Pats as you never have before. Cost \$125

**Saturday, April 6, 2024** – Suncoast Broadway Theatre presents “**Cats**”.

More info in future announcements. \$95

**Saturday, April 20, 2024** – The crazy show “**The Underpants**” will be at the Ed Fletcher Early Bird Dinner Theater. As usual, be prepared for lots of laughs and really good food. \$90

Please note: All trips need at least 30 persons to assure the trip will go. If cancelled your money will be refunded. Trips include transportation, entry fees and all tips.

FOR INFORMATION OR QUESTIONS CALL:

Bonnie Coutz (989) 860-5544 or Sandy Bedingfield for more information.

## **Volunteering**

**Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in. Marjorie Moore**

## **What-Not Barn Pre-Christmas Sale**

Just a quick heads up regarding this year's pre-Christmas Sale. It will be held in Clubhouse 2 on December 2<sup>nd</sup>.

The What-Not Barn will accept donations of holiday related decorations during their normal hours between now and then. Or you are welcomed to set them aside if you have space and drop them off at the Clubhouse on the morning of December 1<sup>st</sup>.

For questions, contact Tom Brown at 603-978-9250 or Dee Brown at 603-534-3304. You can always email us at [tomdianebrown@yahoo.com](mailto:tomdianebrown@yahoo.com).



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Cannon Doyle & Kelly Dallos	5517 Benton St
Randall & Suzanna Huntsman	36849 Kiowa Ave
Kathryn Brooks	37123 Lois Ave
Theresa Nelson & Edgar Hamm	36813 Tara
William & Letitia Look	5822 Apache
Kevin & Kristen Townshend	5718 Arrowhead
Wayne & Sandy Berounsky	37234 Lois
Mark & Susan Steinhofer	5836 Navaho
Todd & Mary Frank	37126 Sandra
Virginia Holland	5653 Mandan
Jill Fox	5408 Dean Dairy
Barry & Lori Gaukel	5811 Navaho
David & Lori Hopkins	36815 Kay
Dianne Buynink	37130 Lakewood
Gary Yasko	5245 Mary
Marguritta Kluensch	5709 Mandan
Ronnie & Connor Brown	36542 Strand
Allan & Alice Poole	37247 Lois
Rodney & Karyn Knights	36838 Tara
Loretta Goodenough	5246 Powhattan
Roseanne Toogood	37222 Cora
Raymond Lambert	36833 Tara
Rick & Shirley Theobald	5325 Flint
Dennis & Laura Chuhran	5423 Amanda
Paul & Brenda Marichal	37144 Sandra
Mark & Patricia Roberts	37234 Cora
Scott & Renee Drinkwater	5606 Dean Dairy/Lot
Darryl & Nancy Ertel	5414 Mohawk
Clinton Skees & Daniel Skees	5226 Vera
James & Pam Powell	36853 Jodi
Stephen Huntley & Anita Desmaris	5300 Betty

Scott & Katherine Trudo	5226 Vera
Laurie & Kendall Coleman	37112 Lois
Rodney & Sally Magoon	36708 Dina
Nancy Lopez & Hector Montoya	36735 Lakewood
Beth Nemo	37020 8th Ave.
Michael Tate & Flora Dumlao, Peter Tate	5205 Jo
Scott Munro	5434 Betmar
Robert & Nancy Kraft	5541 Cheyenne
Brenda Wiley	36833 Kiowa
Jammy & Lillian Legassey	36714 Niles

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