

New Guidelines: Lap Swimming

Effective October 1, 2022

"Determined and deliberate swimming back and forth the entire length of the Large Pool for exercise."

- 1. The Large Pool is reserved for Lap Swimming (only) for the first 1.5 hours after pool opening each day (regardless of what time the pool is scheduled to open).
- 2. **During Lap Swim, the entire Large Pool is available for lap swimming.** That includes both roped off lanes AND the entire open area (which can accommodate up to an additional 3 lap swimmers).
- 3. During non-lap swim hours, <u>anyone</u> can use the two roped lap lanes on a first come, first serve basis, *except during scheduled- Water Aerobics times*. Lap swimmers may not use the open portion of the pool unless there is no one else swimming.
- 4. The difference between lap swim hours and non-lap swim hours is that during lap swim hours there are 2 lanes plus the entire open area available for lap swimming. Otherwise the use of the designated lap lanes is the same when no other scheduled activity is on-going.
- 5. If there are two or fewer lap swimmers in the roped lanes and no one is waiting, any member may use the Large Pool <u>open</u> area during Lap Swim but must yield to any lap swimmers that arrive during that first hour and a half after opening.

During busy times, we will add some additional "sign up for a lane" and "30 minute time limits" on the lap swim activities. More to come!