



Betmar Communications

January 2025

Betmar Bulletin



Happy NEW YEAR TO ALL!!!

**May 2025 be the BEST YEAR of
your LIFE!**

January 2025 Newsletter from our PRESIDENT!

HAPPY NEW YEAR!!

January kicks off our busy season in Betmar and it is also the month of resolutions. Maybe one resolves to be more positive, more involved, more respectful, more thankful, have healthier lifestyle, help others more and so on. Lots of resolutions are made and broken; but, maybe this is the year they are not. Wouldn't it be wonderful if one of those resolutions is to volunteer or participate in at least one of Betmar's activities. The **Newcomer's Orientation is held January 9th** this year. All of the clubs and activities display and talk about what they do. All together it fills all of CH 2

showing many opportunities to get involved, meet new people, and build bonds of camaraderie. Some of the best friendships are nurtured by working together and playing together.

There is a NICHE for everyone. Try it, you will like it!

The nominating committee will be hard at work recruiting volunteers to serve on the Board. Yes, the Board members are all **volunteers** who commit to work for the corporation and the membership.

If interested in serving, notify a committee member. Applications are available in the Main Office or from a committee member. Applications must be received by **January 10th**. Candidates will be announced at the February General Assembly.

**ASK NOT 'WHAT BETMAR CAN DO FOR YOU"; BUT
"WHAT YOU CAN DO FOR BETMAR!"**

Thank you,
Marsha Frain
President

JANUARY 2025 MONTHLY SCHEDULED BOARD MEETINGS

Owners & Acres Board Meeting	Time	Date	Location
Owner Agenda Workshop	10:00 am	1/7/2025	Annex
Owners & Acres General Assembly Meeting	7:00 pm	1/9/2025	CH 2
Owners Agenda Workshop	10:00 am	1/21/2025	Annex
Owner Board Meeting	9:00 am	1/23/2025	Annex

BETMAR BOARD 2023 - 2024

Title	Name
President	Marsha Frain
Vice President	Scott Wachsmuth
Secretary	Laraine Roberts
Treasurer	Tom Frain
Activities Councilor	Michelle McKinnon
Activities Vice Councilor	Melinda Graves
Communications Councilor	Denise Rader
Communications Vice Councilor	
Finance Councilor	Joan Rooker
Finance Vice Councilor	Debbie Burton
Properties Councilor	Mac McKinnon
Properties Vice Councilor	Jeff Warner

CLUBHOUSE SUPERINTENDENTS

Clubhouse	Name	Contact Number
CH2	Tony Mastrogiacomo	813-355-3489
CH3	Denise Rader	603-325-0884
Apache CH	Steve Ward	652-202-9804

COMMUNICATIONS OFFICE:

NEW HOURS

Monday - Wednesday 8:30am-12:30pm

communications@betmar.org

Phone: 813-779-2843

YOUR COMMUNICATIONS TEAM:

Denise Rader- Councilor

Marilyn Williams ~ Marie Finch

Phyliss LaBranche

BOARD OF TRUSTEES

Title	Name
Councilor	David Gregg
Vice Councilor	Darlene Glinski
Secretary	Julie Miller
Treasurer	Jim Wencel
Trustee	Dick Balzer

PARK TELEPHONE NUMBERS

Name	Number
Apache CH	813-782-1785
Betmar Office	813-782-0043
Clubhouse 2	813-782-0660
Clubhouse 3	813-788-9285
Communications	813-779-2843
Golf Clubhouse	813-788-5897
Library	813-788-9761
Security 10pm - 6am	813-679-2587
Security Cell Phone	813-395-3010
Shuffle Clubhouse	813-782-9764
Swimming Pool	813-783-2272
What-Not Pick-Up 1	813-702-6740
What-Not Pick-Up 2	231-268-6681

BETMAR OFFICE:

Monday - Friday

8am - 12pm & 1pm - 4pm

admin@betmar.org

Phone: 813-782-0043

BETMAR LIBRARY:

Monday-Friday 10am- 3pm

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Save the date **FEBRUARY 27, 2026** (8am-12noon)

14th Annual Healthorama Health Fair.

If you have never attended one of the health fairs, you should not miss this one. Lots of exhibitors displaying all kinds of health related, information and services available in our community. Free hearing exams, blood pressure checks, demonstrations and a door prize valued at \$25 awarded every 5-10 minutes (must be present to win and one door prize per person). Each exhibitor provides handouts and little giveaways at their tables. We average 40-45 health care exhibitors per fair. Elder care, home care services, assisted living, physical therapy, hospital providers and so on.

Too many to list them all!!!

LET'S DO THE HOPA!!! Isn't there a dance with that name? No, but close!

Seriously, HOPA is the acronym for *HOUSING FOR OLDER PERSON ACT* and it is a federal law in order for us to remain a 55 and older community. In that law, we must be able to document at least 80% of our community has at least one person age 55 living in the household. It is part of our Bylaws. This includes renters!!!!

1. We no longer have to certify every two years so if you have registered with the office or attended one of the Mass HOPA sign ins and provided a driver's license showing your age, you do not have to register with the office again for HOPA.
2. If you have never registered with the office, please do so **ASAP** so we can update records.
3. If you are not sure, please check with the office.
4. We have a diligent HOPA group working with the office to update and maintain accurate records; but they need **NEW RESIDENTS & RENTERS** to come to the office
5. Our biggest area of concern and difficult to capture is the renters.

So, if you are a landlord, it is your responsibility to have your renters check in with the office with their Drivers' license.

**** If you are a renter and you have not checked in with the office, please do so and let your landlord know you have done this.**

****** This is soooo very important for us to maintain our HOPA status.**

Marsha Frain

President

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THINGS YOU NEED TO KNOW

TABLE AND CHAIR PROCEDURES

The responsibility for Table & Chair setups is assigned by Block from October to April. The assignments are shown below. The schedule for the setups is posted every week in Coffee News. Please refer to the centerfold of phone book for a map showing the block locations. To schedule a setup, contact Tom Brown at 603-978-9250 or tom Dianebrown@yahoo.com

Month	First Half	Second Half
October	O & P	S
November	W	M & N
December	G & H	E & F
January	T	U
February	K & L	I & J
March	V	Q & R
April	A & B	C & D

Betmar Garden Club

Welcome back to all residents that have recently returned to Betmar. During the month of December, the Garden Club members planted 24 Poinsettias to beautify the gardens for the Christmas season.

Please enjoy the gardens as you walk through the park.

A bit of history: the Betmar Gardens are now 28 years old. The club was formed in 1997. It is amazing that these gardens have survived for all these years. Garden Club members work hard all year to keep these gardens looking their best. Please be considerate and keep your pets out of the gardens. Garden Club will be part of the **Betmar Newcomers Fair on January 9th held in Clubhouse 2**. This event will welcome new members as well as prior members. Please stop by the Garden Club table and meet some of our members. All the water has been restored to all the gardens at this time. Thank you to properties for all their hard work getting things back to normal in all the gardens. Garden Club meets every Wednesday at Apache Junction, at 8:30 am. Please contact Diana Hobart, 207-717-3946 for information. Our next monthly **BUSINESS** meeting is Monday, January 6, 2025 at 9:00 am in the Apache Blue Room. Everyone is welcome.

Kim Pfeil, Secretary
813-469-9027

Betmar Technology Fair

Tuesday, January 7, 2025 1 pm– 4 pm

Clubhouse #2

This is a one stop information event providing Betmar residents and their guests an opportunity to compare equipment, services, and technology for several retail vendors (i.e., computers, iPad, laptops, cell phones, TV & internet services, gaming and much more).

This is an information, education, and marketing even and no sales will be permitted. If you are thinking about or have need to purchase technology or have questions about your current equipment, service, or software, etc. you will be able to talk to these vendors about your needs.

The Betmar Computer/Tech Club is providing this event as a service to our Betmar residents and guests and there is no charge.

Please mark your calendars, do not miss this special, first-time event.



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TENNIS ~ PICKLEBALL CLUB

Everyone is welcome to join the Tennis and Pickleball Club. We are about having fun playing pickleball and want everyone to be included. Please join by filling out the forms in the black mailbox on the tennis and pickleball courts.

Fee is \$75.00 for all renewing members!

**NEW MEMBERS pay an additional \$25.00 initiation fee only for the 1st year (\$100 total).

Questions about renewing or becoming a member, please call Ronnie Delano-Ellis at 207-807-9602. For all new members, or others that are interested, we will have clinic very soon to help you learn pickleball. Call **Darlene Paine** for more information about this activity at 207-779-4948.

*****Please plan to join us for the Dueling Piano Show on
January 5th at Club House #2, 7pm-9pm.**

Tickets are on sell now at **COFFEE HOUR, MAIN OFFICE and COMMUNICATONS OFFICE!** Contact Denise Rader 603-325-0884. Tickets are for family, friends, tennis & pickleball members and anyone outside the park who wants to have a fun night. **Bring your own SNACKS and BEVERAGE of choice. Cabaret style seating. 4 or 6 to a table.

Mark your calendar for our annual **Poker Run on March 12th**. This is an event for anyone in the park or your family and friends. There will be a live auction, door prizes and food. You will have a fun filled afternoon. Tickets will be sold at COFFEE HOUR and from Laraine Roberts at 517-230-2231.

As a reminder, we have a Facebook page that is only open for our club members:

“Betmar Tennis and Pickleball”. All members may post information and keep up with activities. Our club also uses *PlaytimeScheduler.com* to assist with scheduling games and finding groups to play outside of open play times. If you need any help with the Playtime Scheduler, bring your phone and ask anyone at the courts how to get connected.

The **Florida State Senior Games** were held in December (December 2-6) at the Wiregrass Ranch Sports Campus. 14 of our members competed and brought home a total of 16 medals!

CONGRATULATIONS TO ALL OF THOSE WHO PARTICIPATED!

The monthly meeting for Betmar Tennis & Pickleball Club is held on the first Wednesday of each month at 3:30pm in Apache Clubhouse, Maple Leaf Room. Mark your calendars, our next Tennis and Pickleball Club meeting will be **January 8th**.

Hope to see ALL PICKLEBALL members there. Start the New Year in the KNOW!!!



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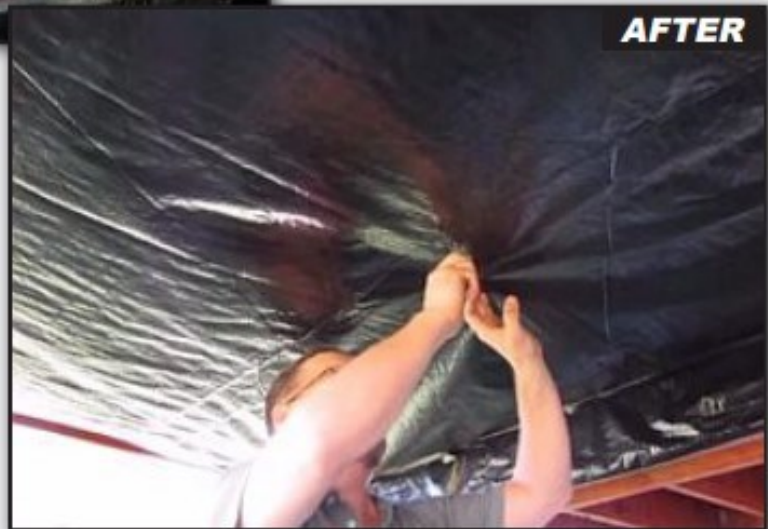
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Dance Club

From everyone in the Dance Club, Happy Holidays!

NEW YEAR'S EVE DANCE – Join us in welcoming in a new year **Tuesday, December 31st @ 8:00 pm–12:30 am**

A \$20.00 donation will reserve your table for the New Year's Eve dance. [Will Yancy](#) will keep us dancing and the Dance Club will provide party favors, assorted sub sandwiches and a champagne toast at midnight.

Make your reservation by contacting Pam Ward, 989-859-6905.

BALLROOM DANCE LESSONS: Schedule is tentative. Watch Coffee for updates. Classes in CH3, 1-2:30 p.m.

January 3 and 10 – Fox Trot

January 17 & 24 – Swing

January 31, February 7 – Waltz

Feb 14 and -28 – Fun Dances

Classes are \$2.00 per person for Betmar residents and \$3.00 per person for non-residents, payable at class. If you have questions or want to sign up for a class, contact **Jim Kollodge at 813-779-7131 or Maxine Bailey at 813-715-4323.**

DANCE CLUB GENERAL MEETINGS are held the second Tuesday of each month. This month's meeting is JANUARY 14th, 3:00 p.m. in the Apache clubhouse Blue RM. They are open meetings your suggestions & comments are welcome.

DANCE CLASSES – All classes are held in CH3. To participate in dance classes, residents need to pay a yearly \$15.00 membership fee. Non-residents may participate if a member sponsors them and an additional \$2.00 fee is paid per session. Give line dancing and or clogging a try! **Your first class is free!** We're here to have fun, exercise and meet new people.

Line Dance Classes

Mondays, 10:30-11:15 Ultra-beginner, followed by Beginner 11:15-12:00.

Thursday, 10:30-12:00 is a mix of beginner through improver line dances.

For additional information, contact Line Dance Director. **Joyce Smith at 207-944-7335.**

Clogging Classes

Tuesday and Thursday morning from 9 – 10:15 a.m.

Beginners are welcome! Contact Karolyn Dowell, 317-512-2610 for more information.

DANCE CLUB WEBSITE: <https://betmar.org/club-dance/>

The Dance Club website has the latest dance schedules. Select the comment button to ask a question or leave a comment. President Steve Ward will review the questions/comments and pass them along to the appropriate people.

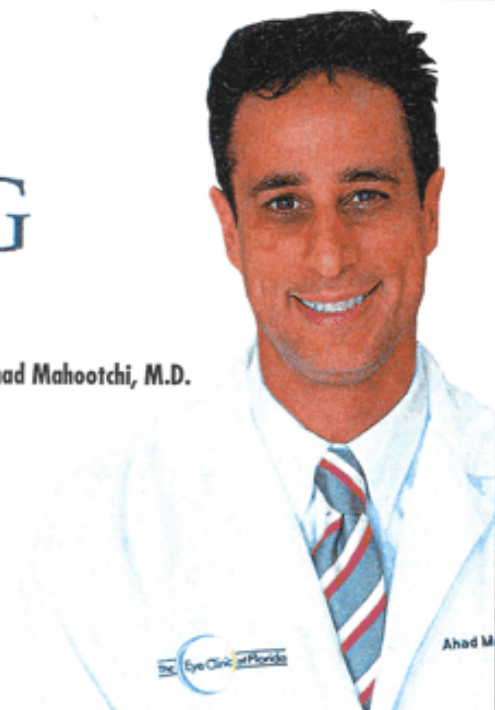
For the latest Dance Club news, follow us on Facebook – Betmar Dance Club

See you on the dance floor!

Joyce Smith, Dance Club Secretary

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Video Club

Hello everybody, it's the Video Production Club coming to Clubhouse 2 on Thursday, February 27th. As many of you have enjoyed our shows in the past, I think this year's show will be the best yet.

Mark your calendar and save the date.

Tickets will be on sale starting February 11th at Coffee on Tuesday morning. Are you wondering what the show is going to be? I'm sure you will be pleasantly surprised when you find out. More to come in January.

**Vice-President
Ralph Schaffer**

Beginners Art

Well, the Holidays are over and the post-Holiday letdown or the post-Holiday busy season will begin OR perhaps both. So, take time to kick back and relax at Beginner's Art Class. Instruction weekly with fun and easy things to paint. We meet every Wednesday at 1 pm at Clubhouse 3. If you, have never painted, but want to give it a try, we can get you started for just \$1 per week to attend. We will be at the Newcomers Fair so stop by our table and pick up some information. Hope to see some new faces in our group.

Computer/Tech Club

Schedule for January 2025

1/7/2025 1:00-4:00 Technology Fair
This event is open to everyone in park

1/14/2025 1:00 Ipad and Iphone Notes and Reminders-this is better than sticky notes to help you remember something

2:00 Problem Solving -Bring in your device and we will help you

1/21/2025 1:00 This class is open to everyone in the park Susan Boyle, from New River Library, will tell us about the many opportunities that are offered to us, besides just checking out a book.

1/28/2025 1:00 [Shuffle Lunch-No Class](#)

2:00 Problem Solving Bring in your device and we will help you

Hope to see you soon!

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Happy New Year! Your LIBRARY Friends!

We pray that the new year is full of love and good health.

Our January meeting is on January 9th. Everyone is welcome to attend. We are looking forward to having our Grand reopening ceremony in February due to how busy we all are in January.

Come in and check out our new Library. It is very impressive. The lighting is very bright. The new shelves are arranged in order. The new Western room has westerns, harlequins, classics, histories, and so much more. If you like jig saw puzzles stop here first! We have a whole room dedicated to them.

Oh! your Betmar Library now has the internet.

As soon as they finish the installation of the internet equipment, we will share the details of how it operates. So, keep an eye on the Coffee News and the February Bulletin for exciting new details.

Toni Nelson

THEATER

If singing is your passion come and join us January 6th for our rehearsal for the Betmar Memorial January 19th and our Spring Concert on March 26th, 27th and 28th 2025.

Rehearsals are every Monday 2:45-2:30 in Annex

Dessert Theater is almost here! **Jan 31st, Feb 1st and Feb 2nd**
the Betmar Theater will present some fun and laughs
for your entertainment!

So put those diets aside and come join the fun and sweets!!!

Ticket donations of \$7.00 will be sold at COFFEE every Tuesday!!

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GOLF

January 2025 Activities:

Friday, January 3rd - Check in 12:30 Scotch Doubles

Saturday, January 4th – Breakfast 8-9:15 Eggs, Sausage, Judy’s famous cinnamon rolls!

Tuesday, January 7th - Wine & Nine Florida Scramble. Check in 1:30

Monday, January 13th – Night Golf Check in 5:00 pm

Friday, January 17th - Chili Cook Off 11:30 - 1:00 pm. Enter and show off your Chili! Prizes/Share the Wealth/Door Prizes. Come join in on the Fun! Tix \$10

Friday, January 24th - Check in 12:30 Scotch Doubles

Monday, January 20th – Golf Membership/Board Meeting 9am [Golf Club House](#) (Please note the change in location)

Please remember to follow the Betmar Golf Facebook page for current updates regarding the Courses and Events.

****Events will only be held if there are TWO courses open!!**

Pro Shop News:

Happy New Year 2025 from the Betmar Pro Shop Volunteers.

The Pro Shop will host a golf table at the **Newcomer's Fair** on

Thursday, January 9th.

Membership & Activities representatives will also be there to answer any questions regarding membership.

The Pro Shop is planning a style show very soon. More information to follow.

The shop is open six days a week and the hours are posted on the door.

Stop by, we have merchandise for the golfer and non-golfer.

Terri Williams 269-501-4752

Golf Communications Director

DART CLUB

DART club has a fundraiser on January 12th Bill D. Williams. Show and dancing 7pm to 10pm Clubhouse 2. Tickets are a \$10.00 dollar donation. We will sell them at Coffee Hour, Office and at the DOOR. Also, delivery to you!

Cindy Cutter 208-249-0308

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Team Darts will start January 15th there's a **sign-up sheet** in the Annex on the Dart bulletin board.

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SHUFFLE

Happy New Year! It's so nice to see everyone coming back for the season. We had a great turnout for the State Tournament in December. Congratulations to Lorraine Merrifield for her second place, main event finish! Also, kudos to Sue Herman, Fred Leger, and Rick Johnson for placing fourth in consolation. We had some Betmar winners in the December 6-park Tournaments too. Tom and Marti Dumas took 3rd place in the Main, and Anita Desmarais and Steve Huntley were 1st in Consolation.

There are several opportunities to get involved in tournaments at Betmar in January. January 2nd & 3rd there will be a District Any Doubles/no 2 Pros, and January 3rd & 4th is a District Amateur Draw Doubles. Then on January 27th -29th there will be a State Doubles M/L/Mixed Doubles Tournament followed by a district Amateur Draw Doubles/Pro Only Draw Doubles on January 30th -31st. Shuffle lunches will be served during these tournaments, so please mark your calendars to attend and to donate pies and cakes, sign up to help wax discs, help clean the courts, etc. It takes a lot of volunteers to make these tournaments and luncheons run smoothly. Now that we are back to recycling aluminum, we could use a few more people to help with that as well.

Other activities that are going strong include Hoss Collar on Wed and Fri, Round Robin on Mon, Wed, and Sat, 6-Park on Mon and Fri. We welcome new members to come join in on the fun! Just go to the Shuffleboard Office and outside you will find membership forms to fill out. It's only \$15 for a whole year of shuffling! Memberships run from Oct 1 to Sept 30th. There are also phone numbers on the bulletin board to call to set up lessons. If you haven't tried it yet, come to Turkey Shoot between 8:30am and 10:30am on Tuesdays. It's a great introduction to shooting discs. It only takes a few minutes and you might even win \$5!

Pat Norton
207-649-8469

Carport Concerts Club

We are committed to **SIX** concerts per season. All concerts are weather permitting. **Rain or temps below 70*** and we will push to the following week. Always THURSDAY'S, always afternoon or happy hour!

January 9, 2025
3pm-6pm
37300 Lakewood Dr
The Shane Gang (classic/southern rock covers)

COMMUNICATIONS OFFICE

MAY 2025 BE *THE* BEST YEAR EVER!!!

WELCOME TO A NEW YEAR AND NEW CHANGES HERE IN COMMUNICATIONS. AS YOU MAY HAVE HEARD I AM NOW COMMUNICATIONS COUNCILOR AND WANTED TO INTRODUCE MYSELF TO THOSE WHO DON'T KNOW ME. MY NAME IS DENISE RADER. AS A BOARD MEMBER, BINGO CALLER, CLUBHOUSE 3 SUPERINTEDENT AND NOW MY NEW POSITION YOU WILL KNOW ME SOON ENOUGH.

I HAVE MET SO MANY WONDERFUL PEOPLE IN MY 4 YEARS OF LIVING IN BETMAR WITH MY HUSBAND, KEITH. WE ARE HAPPY TO HAVE FOUND SUCH A HAPPY GROUP OF PEOPLE.

FEW NEW CHANGES HERE IN COMMUNICATIONS.

****OPEN HOURS FOR RESIDENTS TO COME AND REQUEST WORK ARE NOW MON-TUES-WED FROM 8:30AM TO 12:30PM.** When the office is closed you can fill out the ***REQUEST FORMS*** outside in wall pocket and slip them under the door. I will be working more hours when office is closed to get work done in a speedy manner. All printing requests forms are to be filled out at ***LEAST 2 WEEKS PRIOR*** to event date to guarantee tickets, posters, flyers etc. can be completed.

****"MEMBER USE AND RESERVATIONS AGREEMENTS"** (NEW NAME FOR ROOM RESERVATION FORMS) has been revised and Board approved. **ACTIVITIES NO LONGER** taking on this position. Communications is **NOW "the RESERVATION"** dept. They will be printed on **PINK PAPER** and left at the **FRONT ENTRANCE RACKS in CH2, OUTSIDE OF COMMUNICATIONS OFFICE ON SHELVES and at MAIN OFFICE.** Please fill out **completely** and return to Communications Office for final APPROVAL. You need to be in **Good Standings with Betmar Owners, Inc. and Betmar Acres in order to RESERVE A ROOM/CH.**

****All entries for the Monthly BULLETIN and CALENDAR** are to be emailed to communications@betmar.org by the **15th** of each month to be posted. I want to make sure they get printed and online for residents to read **PRIOR to the FIRST** week of the **MONTH.** Lots of events happen within the first week!!

Thank you for your cooperation and help during these changes. I will do my best to get all your requests processed in a timely manner.

Denise Rader
Communications Councilor

**Betmar Owners, Inc.
Betmar Acres Club, Inc.
Meeting Schedule
2024-2025**

Month	Agenda Workshop	General Assembly Meetings	Board of Directors Meetings	
			Owners	Acres
October 2024	1	3**		
	15		17	17
November 2024	5	7**		
	19		21	21
December 2024	3	5**		
	17		19	19
January 2025	7	9		
	21		23	23
February 2025	4	6**		
	18		20	20
March 2025	4	6* (Owners)		
	11	13*(Acres)		
	18		20*	20*
April 2025	1	3**		
	15		17	17
May 2025	None	No Meeting		
	13		15	15

Workshops are held at 10:00 a.m. (after Coffee) in the Annex.
General Assembly Meetings are held at 7:00 p.m. in Clubhouse 2.
Board Meetings are held at 9:00 a.m. in the Annex.

***Annual Meetings**

- Owners' Annual Meeting is held at 7:00 p.m. in Clubhouse 2
- Acres' Annual Meeting is held at 9:00 a.m. in Clubhouse 2
- Annual Board Meetings are held at 9:00 a.m. in the Annex

****Owners/Acres Concurrent Meetings**

Distribution: All Board Members and Trustees
 Posting: Corporate Bulletin Board Posted _____
 Published: April 2024
 Postings: Betmar Office, Clubhouse 2, 3, Apache, Golf, Library and betmar.org



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Save the date **FEBRUARY 27, 2026** (8am-12noon)

14th Annual Healthorama Health Fair.

If you have never attended one of the health fairs, you should not miss this one. Lots of exhibitors displaying all kinds of health related, information and services available in our community. **Free hearing exams, blood pressure checks**, demonstrations and a door prize valued at \$25 awarded every 5-10 minutes (must be present to win and one door prize per person). Each exhibitor provides handouts and little giveaways at their tables. We average 40-45 health care exhibitors per fair. Elder care, home care services, assisted living, physical therapy, hospital providers and so on.

Too many to list them all !!!

LET'S DO THE HOPA!!! Isn't there a dance with that name? No, but close!

Seriously, **HOPA** is the acronym for *HOUSING FOR OLDER PERSON ACT* and it is a federal law in order for us to remain a 55 and older community. In that law, we must be able to document at least **80% of our community has at least one person age 55 living in the household**. It is part of our Bylaws. **This includes renters!!!!**

1. We no longer have to certify every two years so if you have registered with the office or attended one of the Mass HOPA sign ins and provided a driver's license showing your age, you do not have to register with the office again for HOPA.
2. If you have never registered with the office, please do so **ASAP** so we can update records.
3. If you are **not sure**, please check with the office.
4. We have a diligent HOPA group working with the office to update and maintain accurate records; but they need **NEW RESIDENTS & RENTERS** to come to the office
5. **Our biggest area of concern and difficult to capture is the renters.**

So, if you are a landlord, it is **your responsibility** to have your renters check in with the office with their Drivers' license.

**** If you are a renter and you have not checked in with the office, please do so and let your landlord know you have done this.**

****** This is soooo very important for us to maintain our HOPA status.**

Marsha Frain

President



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Canadian Picnic

This year Canadians and their guests will gather for the annual Picnic in Clubhouse 2 on January 30. It all starts with a Social Hour at 4:00 pm followed by a POTLUCK DINNER and dancing to

Jesse Derringer.

There will be door prizes and chances to Share the Fun and 50/50 tickets. If you would like to head up a table or two (maximum 8 people per table) please contact us for tickets and information. Donations for tickets are \$5.00. Please consider a donation for prizes and entertainment.

**TICKETS MUST BE PURCHASED IN ADVANCE,
NO TICKETS WILL BE AVAILABLE AT THE DOOR.**

Look forward to receiving a personal invitation for further information. Until then please call Janet Shaffer at 807-221-9259 or Rob Belland at 587-338-9792 for information.

Break out your **Red** and **White** attire for the party!

DINNERS and FISH FRIES

It is that time of year again. We are excited to announce that the kitchen staff will be having a full season of FISH FRIES and PARK DINNERS. We had our FIRST Fish Fry on December 13th, that was a huge success.

We will still be having the TAKE OUT OPTION from 4pm to 5pm. Clubhouse dining will begin at 4:30 pm and continue until 6pm.

Our FIRST PARK DINNER was featured on December 19th of Spaghetti!

Another YUMMY success!

Come join us for food and social time with friends for the entire winter.

Check your calendar for all upcoming dates and Menu. Cindy and Dave with the entire dining staff look forward to seeing each one of you at the

BETMAR RESTAURANT !!!

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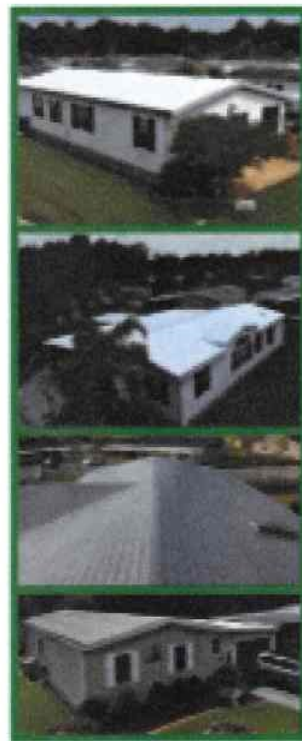


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The Tennis and Pickleball Club is having our annual clinic for new players Jan. 20th through Jan. 24th from 11am to 1pm AT THE PICKLEBALL COURTS. It's a great opportunity to learn the fastest growing sport in the world with lots of friendly coaches available to help you.

Come on out and try it, while making new friends. There is **no cost** to residents only participation and we even can provide paddles.

Please sign up by **Jan. 15th** by calling Darlene Paine at 207 779-4948. **We like to know how many to plan on and hope to see many NEW FACES!**

#####

What-Not Sale

This is to remind everyone that, from this year and in all future years, the What-Not Sale will be held in **February vs. January.**

The dates for this year's sale are Feb 13th, 14th & 15th.

After New Year's, we will begin soliciting volunteers for departments that need new help. DEPARTMENT HEADS ARE URGED TO BE THINKING OF THEIR NEEDS EARLY AND TO LET US NOW AS SOON AS POSSIBLE IF THEY WILL NEED ADDITIONAL HELP.

You can start letting Dee know any time now. E-mail, text or call. Her contact info is in the Directory Phone book.

Tom & Dee Brown

As announced in General Assembly, two more townhall dates to be set for presentation about the merging of two corporations.

MARK your CALENDARS.
Saturday January 18th
10am to 12pm in the Annex

Tuesday January 21st
3pm-5pm in the Annex.

***The reschedule of the security townhall yet to be determined.

Thankyou
Marsha Frain
 President

STROKE IS SUDDEN TEST FOR PEACE OF MIND!

According to the National Stroke Association, stroke is the third leading cause of death in America and a leading cause of adult disability. Stroke may have no symptoms. While it is possible to reduce risk of stroke by modifying lifestyle, the best way to prevent stroke is to **get screened**. In less than one hour you can avoid stroke and other life-threatening diseases by participating in accurate, affordable ultrasound screenings. Schedule with a company your peers know and trust! No script needed.

Thursday, January 30th,
Clubhouse II
Annex Building
Please call to schedule: 1-888-667-7587

- 1. STROKE/CAROTID ULTRASOUND\$45**
This test visualizes build-up of plaque in the carotid arteries that may lead to stroke.
- 2. ABDOMINAL AORTIC ANEURYSM (AAA).....\$45**
95% of ruptured AAAs results in death. The majority of victims have no symptoms. Ultrasound to rule out enlargements.
- 3. THYROID ULTRASOUND \$45**
Ultrasound to rule out cysts, nodules, goiters & tumors.

- 4. ABDOMINAL ULTRASOUND (scan of 4 organs)\$105**
LIVER- Identifies and measures any cysts, tumors, enlargements, fatty liver.
PANCREAS- Identifies cysts, tumors, enlargements.
KIDNEYS- Identifies cysts, tumors, fluid collection.
GALLBLADDER- Identifies stones, sludge.
- 5. HEART SCAN- ECHO..... \$105**
Ultrasound views wall motion, valves, enlargements, calcifications, stenosis, prolapse, blood clots, tumors & fluid collection. heart.



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