

YOUR GO BAG

TAKE THIS WITH YOU WHEN YOU EVACUATE:

Small easily carried bag that will hold enough for 72 hours. (Backpack – Duffle bag)
Pack this early – avoids stress and last-minute running around.
Load the heaviest items in the bottom
Use Zip-Lock bags to store and separate items.

HYGIENE PRODUCTS – soap, toothbrush/toothpaste, deodorant, handwipes, etc.)

CASH – have enough on hand in case the power goes out.

Coins and Small Bills are best. When getting supplies Vendors may not have Change so a bag of ice selling for \$2.00 may actually cost you \$5.00
Plus, if power is out for an extended period there will be no banks open, No ATM's or Credit Card use.

Good idea to get this early as with a hurricane forecast many people may be trying to get cash and banks may be out of the smaller bills.

MEDICATIONS – have an ample supply for several weeks – MD's in Florida can write a prescription for 90 days.

Keep an updated list of all meds and doses for each family member.

Pharmacies may not be able to restock immediately after a hurricane.

HEARING AIDES WITH EXTRA BATTERIES, GLASSES, CONTACT LENSES

MEDICAL SUPPLIES - wound care, Diabetic testing/syringes, small First Aid Kit, Bug Spray, Hand Sanitizer.,

FOOD – enough for 3 days. Powdered Sports Drink, Protein Bars, Peanut Butter, Canned good that provide energy, Snack Foods in single serving size, Drink Boxes, Dried Fruit and Nuts, Cereal.

Parmalat Milk (boxed milk that can be bought at local groceries)

Disposable Dishes and Utensils, Manual Can Opener.

WATER PER PERSON – 1 Gallon per day for at least 3 days.

CHANGE OF CLOTHES – Sturdy Shoes, Long Pants etc.

EXTRA SET OF HOUSE AND CAR KEYS

CAMERA - For pictures when you return home in case there is damage.

CHARGERS FOR PHONES, TABLETS AND OTHER EQUIPMENT.

FLASHLIGHT – Extra Batteries

OTHER ITEMS TO TAKE TO A FRIENDS OR THE SHELTER:

Sleeping Bag/Air Mattress (twin size), pillow, blanket etc.

OR Lounge chair/Beach Chair also would work for sleeping

Portable Radio – for Emergency Info

Non-Electric Entertainment -cards, dominos, books, board games etc.

Extra Batteries or Chargers if needed

PATIENCE

SENSE OF HUMOR

EVACUATING:

Clear your yard of lawn furniture, decorations, flags, bird baths, potted plants, trash cans, tools and anything else that might become a projectile.

LEAVE WELL BEFORE THE STORM HITS.

AVOID TRAFFIC JAMS AND GAS SHORTAGES

YOU DO NOT HAVE TO EVACUATE FOR HUNDREDS OF MILES.

SECURE YOUR HOME – close all the interior doors, lock all windows and doors. Brace double entry doors and garage doors at the top and bottom. Unplug electrical equipment such as radios, T-V, Washer, Dryer, small appliances. Leave your Refrigerator/Freezer plugged in unless there is a chance of flooding then turn off your house's main breaker.

Turn off the water at the meter.

Wear clothing that offers some protection – long pants and long-sleeved shirts, and sturdy shoes. (Flip flops and sandals do not offer protection).

Take your raingear.

Let others know your plans and how to reach you.

Take your Emergency Evacuation kit with you - supplied for 7 days at least. This can be stored in your car.

BE SURE BETMAR OFFICE HAS UPDATED EMERGENCY INFORMATION

NOT EVACUATING:

REMEMBER that **MANUFACTURED and MOBILE HOMES are NOT STURDY.**

Be sure to listen to the news for updates on the storm.

Wear clothing that offers some protection – long pants, long sleeved shirt and sturdy shoes.

Sleep in these clothes if the storm is due to hit at night.

Close all the windows and doors, including interior doors.

If boarding up windows/doors use 5/8-inch marine plywood and drill holes into the house to fasten **NOT JUST INTO THE WINDOW FRAME.**

DO NOT TAPE WINDOWS! It is a waste of time. They will shatter and pose a real hazard due to large glass shards. It is very hard to remove and will make clean up harder.

Keep all curtains/blinds closed. Cover windows with blankets/sheets to help cut down on flying glass.

Secure and **BRACE** external doors. Top and bottom. Especially French Doors and Double Entry Doors.

REMEMBER that Manufactured and Mobile Homes are NOT sturdy! Esp. in High Winds. during the storm go to an interior room. Preferably one without windows or an external wall. Get down low under a table or such. Keep away from heavy furniture that might fall on you.

**Depending on the storm's winds and road conditions Emergency Services –
POLICE, FIRE AND AMBULANCES MAY NOT BE ABLE TO
GET TO YOU SO**

BE PREPARED TO TAKE CARE OF YOURSELF FOR 72 HRs

Make smart decisions.

Have your TO GO BAG close by in case you are forced to leave.

Be sure your Survival Bag/Box is close by or locked in your car.

**DO YOU HAVE A DISABILITY?
A MINOR HEALTH OR MEDICAL CONDITION?**

**THERE ARE SPECIAL NEEDS SHELTERS AVAILABLE
THEY WILL PROVIDE TRANSPORTATION IF NEEDED**

THE NECESSARY FORMS ARE IN THE BETMAR OFFICE

THE Special Needs Shelter is under the supervision of Registered Nurses from the Health Department and is staffed by a Consulting Physician, Health Professionals from Home Health Care, and volunteers.

You should make prior arrangements with your Physician or Home Health Agency to Register for the Special Needs Shelter in advance. Check with your supplier about emergency plans if you require oxygen or other medical supplies.

Evacuation is coordinated with the School Board, Fire Rescue and Wheelchair Transportation Companies. When you fill out your application it is VERY IMPORTANT that you indicate what type of transportation you will need and Emergency Management will coordinate these groups.

If you plan to evacuate yourself know ahead of time where the Special Needs Shelter is and the best route to get there.

Evacuation notices: You will get a phone call letting you know they are evacuating residents in your area. You will be asked if you want to evacuate and if you need transportation. These calls will begin about 72 hours ahead of the arrival of bad weather in your area. This is to be sure there is enough time to move all citizens safely.

Once the bad weather arrives evacuations will cease for everyone's safety. You should be ready to leave your home when the transportation arrives.

Be sure to **Bring a Companion** with you, **your wheelchair, walker, cane and all necessary medical supplies and prescriptions.** Your **TO GO BAG** (with special food or nutritional supplements, blanket, sleeping bag, pillow, change of clothing, personal hygiene items, books/magazines).